

Minutes of the 43rd Annual General Meeting of the Combined Services Orthopaedic Society held on Friday 31 March 2023, Keble College, University of Oxford

Committee

President Mr S Hodkinson Chairman Col A Mountain Treasurer Lt Col T Wood

Secretary Surg Lt Cdr P Bennett Trade liaison Surg Lt Cdr L Kilbane

Organising committee Surg Cdr J Penn-Barwell (deployed), Surg Lt Cdr P Bennett, Surg Lt Cdr R

Myatt, Surg Lt Cdr T Stevenson

iCSOS Surg Cdr J Penn-Barwell, Col S Adams, Surg Lt Cdr P Bennett, Surg Lt Cdr

T Stevenson

Apologies

Surg Capt John Berrtram

Col Mike Stewart

Lt Col Hugo Guthrie

Lt Col James Singleton

Surg Cdr Tom Crompton

Wng Cdr Peter Schranz

Professor David Hamblen

Professor Ian Pallister

Professor Tim Briggs

Dr Paul Watkins

Andrew Quaile

Sean Hughes

Present

Major Sush Ramachandra

Members

Col Scott Adams Maj Neil Eisenstein

Lt Col (Retd) Raymond Anakwe Lt Col Christopher Fetherston

Surg Cdr (Retd) Callum Arthur Mr John Getty
Maj A Beaven Mr Rob Gregory
Lt Col Zine Beech Col Damian Griffin

Surg Lt Cdr Pippa Bennett

Mr Mark Brinsden

Surg Cdr (Retd) Paul Guyver

Lt Col (Retd) Brian Hamilton

Lt Col Andrew Bruce Surg Cdr Chris Hand
Lt Col Ben Caesar Maj Charles Handford
Maj Henry Chandler Col David Hinsley

Capt Henry Claireaux Lt Col (Retd) Christopher Hobbs

Surg Cdr Tim Coltman

Professor Matt Costa

Surg Cdr (Retd) Michael Edwards

Lt Col Tim Holland

Capt Thomas Howe

Lt Col Simon Hurst

Lt Col Taff Edwards

Lt Col Simon Johnson

Gp Capt (Retd) Jon Kendrew Surg Lt Cdr Stratton King Mr David Large Wg Cdr (Retd) Irwin Lasrado Lt Col Helen Mackay Surg Cdr Steve Mannion Lt Col (Retd) Stuart Matthews Surg Cdr Jon Matthews Surg Cdr Christopher McLean Surg Lt Cdr Louise McMenemy Lt Col (Retd) Carl Meyer Maj Kirsty Milne Surg Lt Cdr Richard Myatt Col Paul Parker Lt Col Tim Pearkes Lt Col (Retd) Divya Prakash Lt Col Arul Ramasamy Sqn Ldr Pramin Raut

Maj Louise Robiati Lt Col (Retd) Nigel Rossiter Surg Capt Harry Rourke Col Thomas Rowlands Professor Hamish Simpson Surg Cdr Steve Smith Wa Cdr Ed Spurrier Col (Retd) David Standley Surg Capt (Retd) Sarah Stapley Surg Lt Cdr Tom Stevenson Maj Sarah Stewart Maj Chun Tang Lt Col Charlotte Tunstall Lt Col (Retd) Nicholas Ward Mai Sandy Wood Lt Col Tom Wood Lt Col K Brown

Non-members

Capt Tim Bage Capt Abigail Bainbridge Brig Ben Banerjee Surg Lt Ethan Bateson Flt Lt David Cain Capt Matthew Cant Professor Deborah Eastwood Surg Lt Jonathan Edwards Jose Friras-Bocanegra Yousra Jamal **Gp Capt Dudley Graham** Mr Bob Handlev Dr William Hardie Maj Gen Tim Hodgetts Yi-Jhih Huang Surg Lt Shiven Lakhani Dr Spyridon Masouros

Capt Joshua McIntyre Mr Jamie Mckenzie Surg Lt Daniel Mills Capt Kyung-Hoon Moon **Ioannis Moutsos** Capt Matthew Naeem Act Surg Lt Christopher Paton Professor Robin Paton OCdt Robert Pyne Mr Angus Reynolds Mr Saumil Shah Capt Rob Sinnerton Capt Helen Smith LTC Dan Stinner Brig Duncan Wilson Surg Lt Sally Elphick Surg Lt Ben Atkin

Business Meeting

Introduction and apologies

1. The DCA welcomed members and thanked the local organising committee (LOC) for their efforts on organising a fantastic meeting. Apologies were noted.

Minutes from 2022 meeting and matters outstanding

2. The minutes have been available on the CSOS website since shortly after last year's meeting. These were reviewed and no matters outstanding were identified. The minutes were accepted as a true reflection of the meeting.

Treasurer's report

- 3. Presented by Lt Col Wood.
 - a. Financial year end 2021/22 account balance £42,031.05
 - b. 2022 meeting resulted in credit of £14,205.30
 - i. Total income from 2022 meeting £24,605.68 including reimbursement of trainee fees from Defence Medical Academy (DMA) of £3,582.
 - ii. Total expenditure from 2022 meeting £10,400.38.
 - c. 2023 meeting projected finances anticipate being in credit due to commendable amount of sponsorship raised by Surg Lt Kilbane
 - i. Total income of £29,787.90
 - ii. Total expenditure projected to be in region of £25,000

d. Non-meeting costs

- i. Website build one-off cost of £1.069.68 with annual hosting cost of c.£288, which fluctuates slightly year on year due to being billed in USD. It was agreed that the new website is of high quality with excellent functionality and that these costs are worth the current expense.
- ii. Additional membership area on website £352.64 per annum.
- iii. Banking charge from HSBC of £60 per annum. Some concerns were raised by a member about using HSBC for the business account.

e. Summary

- i. Account balance likely to be in region of £45-50,000 after all costs from 2023 meeting have been settled. This will leave the Society in a healthy position as it goes into its 50th Anniversary year where high meeting costs are anticipated.
- ii. An audit of the accounts is due: the Treasurer asked for recommendations for an accountant to undertake this.

Membership update

- 4. Surg Lt Cdr Bennett presented an update on the Society's membership. No definitive list of members had been maintained: work has been ongoing over the last twelve months to contact individuals eligible for membership. Difficulties have arisen due to conflicts between individuals entitled to membership and those on email distribution lists from prior meetings. Having separate membership categories assigned when individuals register on the website would facilitate a contemporaneous membership list. Previously agreed categories for full membership of the Society and current numbers registered are:
 - a. Serving officers of consultant level 22
 - b. Serving orthopaedic trainees ST3 + 19

- c. Retired officers 59d. Reservists 22e. Civilian advisors / invited members 29
- 5. The secretary was contacted by several individuals this year asking if they could attend iCSOS and CSOS despite not being eligible for membership in the above categories: these ranged in seniority from medical students to CT2 trainees. These individuals were encouraged to attend and it was agreed that the Society should be as inclusive as possible. Two additional membership categories were proposed:
 - a. Associate membership for medical cadets with an interest in orthopaedics, foundation year doctors, general duties medical officers and core trainees. This was proposed by Col Mountain, seconded by Professor Simpson and passed unanimously.
 - b. Allied membership for allied health professionals including but not limited to physiotherapists, occupational therapists, MSK radiologists and rehabilitation specialists. This was proposed by Col Mountain, seconded by Lt Col (Retd) Nigel Rossiter and passed unanimously.
 - c. The secretary will work on the website categories to ensure individuals are changed from associate to full membership when eligible. Work will need to be done on disseminating eligibility for allied membership to those who may be interested.

Travelling fellowship

- 6. Members were reminded that a business fund of up to £1,000 is available to trainees and consultants for a travelling fellowship. Criteria and application details are to be uploaded to the website: military relevance will need to be emphasised. TOR and application process is being refined by Def Prof T&O.
- 7. Col Mountain proposed changing the name of the fellowship to the Mike McErlain Travelling Fellowship in posthumous memory of and to honour Lt Col Michael McErlain RAMC. This was seconded by Col Paul Parker and passed unanimously. DCA to liaise with Mike's widow to check that this is in accordance with the family's wishes.

Administration for future meetings

- 8. CSOS 2024. This will be a two day meeting over 9-10 May in London. The proposed venue for Thursday is 7 Rifles Army Reserve Centre in Kensington. The proposed venue for Friday is the National Army Museum followed by a Mess Dinner at the Royal Hospital Chelsea with some of the Chelsea Pensioners as Honoured Guests. A venue for an after party is being sought.
 - a. Thursday will remain a trainees' day with the focus shifting from the traditional instructional day to sessions on preparing to become a consultant.
 - b. Three sessions on Friday will focus firstly on the history of CSOS and the conflicts members have been involved in; secondly a session on life after leaving the Service; and thirdly, a review of academic and research outputs over the previous fifty years.
- 9. CSOS 2025. No volunteer was forthcoming at the meeting to host the event. DCA was approached after the meeting by Col Griffin and Lt Col Wood who have expressed an interested to host CSOS 2025 in Warwick.

Any other business

- 10. Availability of military accommodation for CSOS 2024 in London was raised. It is likely that non-availability chits will be required and members will need to source civilian accommodation.
- 11. Permission has been attained once again by the DCA from the DMA to reimburse trainees the cost of attending CSOS providing funding approval was sought at least six weeks in advance of the meeting. Reimbursement will occur via the Treasurer in due course.
- 12. An alleged underspend of DMA budget and consequent increase in approval of training courses was suggested by a member. DCA confirmed that although he too had heard of a surplus of funding this often does not translate into trainees' applications being approved for courses that are not on the SOTR.

P M Bennett Surg Lt Cdr RN Secretary to CSOS

6 Apr 23