



# COMBINED SERVICES ORTHOPAEDIC SOCIETY

14 May 2004

Cover Illustration  
by  
Wg Cdr Gora Pathak ©



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H.Q. Army Medical Directorate  
Sandhurst

# The Combined Services Orthopaedic Society

President Mr D Dandy  
Chairman Colonel M P M Stewart  
Treasurer Mrs A Willcocks  
Secretary Squadron Leader Karl Trimble

With thanks to Ms Anne Woodward, Mrs Audrey Willcocks and Miss Melissa Bradshaw for their help in organising today's event and for providing administrative support.

I would also like to thank Wing Commander Gora Pathak for kindly allowing us to exhibit some of his paintings at this meeting.

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## WELCOME

As your host, I would like to welcome you to The HQ Army Medical Directorate, Sandhurst, for the Combined Services Orthopaedic Society Scientific Programme.

Lt Col Christopher Hobbs FRCSEd (Orth) RAMC  
Consultant Orthopaedic Surgeon

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We are grateful to all companies who have so generously offered their support to this year's meeting. Please take time to visit these exhibits.

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# Combined Services Orthopaedic Society 2004 Scientific Programme

## HQ Army Medical Directorate - Sandhurst

For brevity and clarity here, an abbreviated title of each paper is given, together with the presenting contributor. The full title, list of authors, institution and paper abstract are in this booklet, immediately following this programme.

0800 - 0845 **Registration**  
(*Rawlinson Hall*)

0845 - 0900 **Welcome and Administration**  
Lt Col C Hobbs RAMC  
(*MacGregor Room*)

(All papers strictly 10 minutes followed by 10 minutes of discussion for each session)

0900 - 0940 **Session One:-**  
**Moderator, Surg Cdr Graham Hill RN**  
(*MacGregor Room*)

Forward Surgery on Operation Telic - the 16 Close Support Medical Regiment experience  
- Lt Col P Parker  
Clinical Timelines and Field Surgery during Operation Telic - Maj S Adams  
Penetrating Missile Injuries during the initial phase of the 2003 Gulf Conflict - 202 Field  
Hospital experience - Maj D Hinsley  
"War Surgery at Sea" - Maritime Trauma in the Gulf War 2003 - Surg Lt Cdr J Matthews

0940 - 0950 **Questions**

0950 - 1020 **Session Two:-**  
**Moderator, Surg Cdr Graham Hill RN**  
(*MacGregor Room*)

Bones in the Desert: One year of Orthopaedic Activity at Multinational District (South  
East) Hospital, Iraq - Capt D Luke  
Early Failure of External Fixation in Management of War Injuries - Lt Col J Clasper  
A Simple Method of Dressing External Fixator Pin Sites - Capt R Briard

1020 - 1030 **Questions**

1030 - 1100 **Tea, Coffee, Quiz and Trade Fair**  
(*Rawlinson Hall*)

1100 - 1140 **Session Three:-**  
**Moderator, Lt Col Chris Hobbs RAMC**  
*(MacGregor Room)*

Cervical Spine Injuries Admitted to Multinational District (South East) Hospital during Operation Telic - Maj J Bird  
A Retrospective Analysis of Road Traffic Accident Admissions to BMH Shaibah from August 2003 to January 2004 - Maj N Ward  
Multinational Integrated Medical Unit Bosnia : Operating Theatre Activity Analysis - Wg Cdr S Venkatachalam  
Should we insist on routinely removing metalwork from potential army recruits? - M Townend

1140 - 1150 **Questions**

1150 - 1220 **Session Four:-**  
**Moderator, Lt Col Chris Hobbs RAMC**  
*(MacGregor Room)*

A national Audit to assess preferential reduction technique of Orthopaedic Surgeons and Accident and Emergency Doctors in Anterior dislocation of the shoulder - Maj M Butler  
Manipulation of Distal Radius Fractures in a District General Hospital Accident and Emergency Department: An audit of documentation - Surg Lt Cdr T Coltman  
Arm Wrestling Injuries: A "humorous" mechanism - Maj A Mountain

1220 - 1230 **Questions**

1230 - 1240 **Group Photograph**

1240 - 1330 **Buffet Lunch,**  
*(Rawlinson Hall)*

1330 - 1410 **Session Five:-**  
**Moderator, Lt Col Divya Prakash RAMC**  
*(MacGregor Room)*

Are Standardised Radiographs of the Hip Joint Necessary prior to Total Hip Arthroplasty - Maj C Meyer  
The Influence of Supplementary Tibial Fixation on Laxity Measurements after Cruciate Ligament Reconstruction with Hamstring Tendons in Females - Lt Col P Hill  
An audit of Tunnel Positions in Primary Anterior Cruciate Ligament Reconstruction - Surg Lt Cdr M Brinsden  
Arthroscopic Knots: Tautline Hitch Comes Out on Top - Surg Cdr S Stapley

1410 - 1420 **Questions**

- 1420 - 1450 **Session Six:-**  
**Moderator, Lt Col Divya Prakash RAMC**  
*(MacGregor Room)*
- The Impact of Air Ambulance Transportation on a New Level 1 Trauma Centre  
- Maj C Meyer  
An Audit of the process and Management of open, long bone fractures referred to the Queen Victoria Hospital for Plastic Surgical Care - Maj M Butler  
Rupture of the pectoralis major muscle: surgical treatment in athletes  
- Surg Lt Cdr J Matthews
- 1450 - 1500 **Questions**
- 1500 - 1530 Tea, Coffee, and Trade Fair  
*(Rawlinson Hall)*
- (1520 - 1530) **Adjudication of Awards**
- 1530 - 1610 **Guest Lecture**  
*(Mac Gregor Room)*
- Philip Fulford Memorial Lecture**  
The British Volume of the JBJS - Past, Present and Future  
**Professor David Hamblen**
- 1610- 1630 **"State of the Union"**  
**Col M Stewart RAMC**
- 1630 - 1640 Award of the Philip Fulford Memorial prize for best Trainee Paper  
Award of book voucher for best overall paper - donated by Bauerfeind UK  
Award of quiz prize
- 1640 - 1730 **CSOS Business Meeting, members**  
*(MacGregor Room)*
- 1900 Prompt Coach departs from Frimley Hall Hotel for Sandhurst
- 1930 - 2015 Reception Drinks
- 2015 - 2230 Dinner
- 2230 - 0030\* Bar facilities
- \* Midnight Coach departs Sandhurst for Frimley Hall Hotel

